

Cufsniff SG Softgel

**Product Information: Phenylephrine (5mg)
+ Chlorpheniramine Maleate (2mg) +
Dextromethorphan Hydrobromide (10mg)
Softgel**

Composition:

- **Phenylephrine Hydrochloride (5mg):**
A nasal decongestant that relieves nasal congestion by shrinking swollen blood vessels in the nasal passages.
- **Chlorpheniramine Maleate (2mg):**
An antihistamine that alleviates symptoms of allergies, such as sneezing, runny nose, and watery eyes.
- **Dextromethorphan Hydrobromide (10mg):** A cough suppressant that helps reduce coughing by affecting the signals in the brain that trigger the cough reflex.

Pharmacological Class:

- **Phenylephrine:** Sympathomimetic agent (alpha-adrenergic receptor agonist).
- **Chlorpheniramine Maleate:** Antihistamine (H1 receptor antagonist).
- **Dextromethorphan:** Antitussive (Cough suppressant).

Indications:

This combination softgel is indicated for the symptomatic relief of:

- Cough associated with common cold or upper respiratory tract infections.
- Nasal and sinus congestion.
- Allergic symptoms like sneezing, rhinorrhea, and watery eyes.

Mechanism of Action:

1. **Phenylephrine:** Works by constricting blood vessels in the nasal passages, reducing swelling and nasal congestion.
2. **Chlorpheniramine Maleate:** Blocks the action of histamine, a chemical responsible for allergic symptoms.
3. **Dextromethorphan Hydrobromide:** Suppresses the cough reflex by acting on the medullary cough center in the brain.

Dosage and Administration:

- **Adults and children above 12 years:** 1 softgel every 4-6 hours as needed. Do not exceed 6 softgels in 24 hours.
- **Children below 12 years:** Not recommended unless prescribed by a physician.

Contraindications:

- Hypersensitivity to any of the active ingredients.
- Patients with severe hypertension or coronary artery disease (due to Phenylephrine).

- **Patients on monoamine oxidase inhibitors (MAOIs) or within 14 days of stopping MAOIs.**
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Warnings and Precautions:

- **May cause drowsiness due to Chlorpheniramine. Avoid operating heavy machinery or driving.**
 - **Avoid concurrent use with other CNS depressants or alcohol.**
 - **Use with caution in patients with:**
 - **Glaucoma.**
 - **Hyperthyroidism.**
 - **Diabetes.**
 - **Prostatic hypertrophy or urinary retention.**
 - **Asthma or other chronic respiratory conditions.**
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Adverse Effects:

- **Phenylephrine: Nervousness, headache, dizziness, increased blood pressure.**
 - **Chlorpheniramine: Drowsiness, dry mouth, constipation, blurred vision.**
 - **Dextromethorphan: Dizziness, nausea, gastrointestinal discomfort.**
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Drug Interactions:

- **MAOIs and other sympathomimetic drugs: Risk of hypertensive crisis.**
 - **Sedatives, tranquilizers, and alcohol: Enhanced CNS depressant effects.**
 - **SSRIs: Risk of serotonin syndrome with Dextromethorphan.**
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Storage:

- **Store in a cool, dry place below 25°C. Keep out of reach of children.**
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Packaging:

Available in blister packs of 10 softgels.

Note for Patients:

- **This medication provides temporary relief of symptoms and does not cure the underlying condition.**
 - **If symptoms persist for more than 7 days or worsen, consult a healthcare professional.**
 - **Do not exceed the recommended dosage.**
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This combination is effective for multi-symptom relief in upper respiratory conditions. Always follow the advice of your healthcare provider for safe use.

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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